



School can specify a service or if unclear DESC will advise



All staff receive clinical supervision



Therapeutic Services
Delivering to DESC and Dacorum schools
Bespoke program for each child



CPD weekly 1.5 hours



Mental health staff (Counsellors, CBT therapists, MHW) receive an additional 1.5 hours' clinical supervision per month and are registered with their appropriate professional bodies

Mental Health Worker
BSc (Hons) Nursing (Mental Health) Year 2
Evaluation tool used core YP/SDQ
This service is available to children and young people attending DESC and Dacorum schools
This intervention enables an initial assessment to be completed in the school environment, it is needs led and sessions are delivered one to one

Counselling for children/young people
Evaluation by CoreYP
This service is available to children and young people attending DESC and Dacorum schools
Delivered in school by a BACP qualified counsellor, there is a cost attached
DESC quality assure the service by

- undertaking to gather weekly data to evidence impact
- ensuring HCC safer recruiting processes are adhered to
- work within the British Association of Counselling and Psychotherapist (BACP) Ethical framework
- deliver appropriate training to include CP, Prevent, FGM
- provide clinical supervision for all counsellors

Parenting Practitioner
Evaluation tool SDQ
This service is available to parents of children or young people attending DESC or accessing support via the DESC Outreach Service
The Parenting Practitioner encourages a solution focused approach to parenting, working in partnership with and liaise with other agencies
Supporting parents both in schools and in their homes to maintain, establish or repair their relationship with school
The aim is to establishing good rapport and encourage parents/carers to engage in their child/young person's learning using Brief Therapy and counselling models

CBT for children and young people
Evaluation tools used CoreYP/GAD7/PHQ9
This specialist service is available to children and young people attending DESC and Dacorum schools with anxiety, depression and common mental health conditions
It is delivered as 10 sessions and has a cost attached, it can be requested via the school and can on occasion be funded by pupil premium or by parents

Counselling for Parents
Evaluation by GAD7/PHQ9
This is a free service to parents whose child or young person is attending DESC or receiving support through the DESC Outreach service
Weekly counselling sessions are delivered at the DESC Barncroft site Hemel Hempstead and two via satellite venues, one in Tring and one in Berkhamsted

Drawing and Talking
Evaluation Tool used Boxall
This service is available to children and young people attending DESC and Dacorum schools
It is a therapeutic approach offered before counselling as an early intervention
Delivered in school by an advanced D&T Practitioner, there is a cost attached